

Addictions: Pushing Through Resistance to Change



BE A PART OF MAKING
A DIFFERENCE!

When?
COMING SOON!

What?
Addictions: Pushing
Through Resistance to
Change
6.0 Clockwork Hours

Where?
Brighter Tomorrows
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*Brighter Tomorrows Consulting
Presents:*

Addictions: Pushing Through Resistance to Change

Come join an interactive workshop dealing with one of the most difficult roadblocks in addictions' counseling: Client Resistance. Join us as we explore creative, innovative, and evidence-based techniques to roll with resistance while effecting positive, prosocial client change. Come ready to gather effective techniques to take back to your practice or addictions' group that will challenge your clients to "lay down the fight" and get busy with the work of recovery.

This workshop will examine the role of client resistance and how it can be turned into an asset. We will examine family involvement, community support, AA/NA programs and 12-step work, the role of spirituality, and utilizing the resources that the client brings into session to find success. This workshop will address the needs of the whole client within a community and family framework. Come ready to be challenged and enriched!

Facilitated By:

Shannon M. Eller, LPC, LMFT, CPCS, CCS, RPT, CCAADC, CCDP-D AAMFT Approved
Supervisor

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